

Mindful Resource Center (MRC)

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CLINICIAN:

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MANDATORY Fragrance-free Policy

It is important to clarify with all MRC Visitors that one of our treasured Clinicians has a severe medical allergy to fragrance requiring this mandatory policy so that MRC can provide her with a safe and healthy workplace. Your cooperation - and compliance - is not only appreciated, but required, and your signature below indicates an agreement that if any MRC Staff suspect that you or your minor are wearing fragrance on our premises, we reserve the right to cancel the session (and that you are obligated to pay as expected). While this may seem harsh or extreme, this simply requires extra attention on your part prior to attending and if you believe this will be an inconvenience or difficult to maintain for any reason, please consider NOT signing and instead discussing with the Clinician and/or Clinical Director for referrals to provider outside of MRC. _____ Initials

A fragrance-free environment helps create a safe and healthy workplace. Fragrances from personal care products, air fresheners, candles and cleaning products have been associated with adversely affecting a person's health including headaches, upper respiratory symptoms, shortness of breath, and difficulty with concentration. People with allergies and asthma report that certain odors, even in small amounts, can cause asthma symptoms. We have a policy to provide a fragrance-free environment for all staff and visitors to keep a safe and healthy workplace environment. This policy applies to both staff and non-staff visitors of the Mindful Resource Center (MRC).

Policies

1. MRC expects that all offices and spaces used by the staff and their visitors remain free of scented products.
2. Personal care products such as cologne, perfume, aftershave lotions, scented lotions, fragranced hair products and/or similar products are not to be worn in the facilities used by MRC (facilities = Suite 162 and Suite 524).
3. Use of air fresheners and candles are prohibited from the facilities used by MRC.

Procedure

1. Staff are regularly informed and reminded of the MRC Fragrance-free Policy through Staff meetings, signs posted throughout facilities used by MRC.
2. Visitors will be informed of the MRC Fragrance-free Policy by their hosts, meeting invites, email correspondences 'Note To Clients' and signs posted throughout the facilities used by MRC.

Please keep your eyes out for the following Email Signature by your Clinician on all correspondence: *"This is a fragrance-free workplace. Thank you for not wearing any of the following during your visit: cologne, after shave lotion, perfume, perfumed hand lotion, fragranced hair products, and/or similar products. One of our Clinicians has a severe medical allergy to fragrance, so we thank you for your cooperation for her safety and health. All MRC Clinicians are required to immediately cancel a client's session (and client is still expected to pay) if a Clinician detects fragrance. - Dr. Julie Hartman, Clinical Director"*

3. Any violations of this policy will involve the Clinician cancelling the appointment with the client still being required to pay as expected. Please note that if prior to your session, you have a meeting with a friend or co-worker who is wearing fragrance, it is possible that fragrance will travel on your person into the session. This still warrants a violation of this Fragrance-free policy, so please know that this is about the safety and health of our treasured Clinician as well as those of our Visitors who may also have chemical sensitivities.

I/We have read, understand, and agree to accept the above policy.

Name _____ Date _____

Name _____ Date _____